



GanedenBC³⁰™ (*Bacillus coagulans* GBI-30, 6086)

FACT SHEET

GanedenBC³⁰

- GanedenBC³⁰ is the trademarked name for the patented strain of probiotic bacteria, *Bacillus coagulans* GBI-30, 6086.¹
- GanedenBC³⁰ is a probiotic, otherwise known as “good” bacteria that can help maintain digestive health.

The World Health Organization (WHO) describes probiotics as: “Live microorganisms which when administered in adequate amounts confer a health benefit on the host.”

- GanedenBC³⁰ survives manufacturing, shelf life and digestive transit to germinate and proliferate, providing benefit throughout the small and large intestine.¹

Consumer Uses

- GanedenBC³⁰ is not a drug. It is a natural supplement designed to help support digestive health and maintain the immune system.
- GanedenBC³⁰ is a calorie-free, lactose-free, kosher, non-GMO dietary ingredient that can be easily added to most manufacturing processes including baking, freezing, boiling and extrusion.
- GanedenBC³⁰ is shelf-stable and does not require refrigeration.
- GanedenBC³⁰ is available in over-the-counter dietary supplements, Medical Foods and probiotic-fortified functional foods and beverages.

Clinical Trials

- Two published clinical studies have shown that *Bacillus coagulans*, the specific bacterial strain inside GanedenBC³⁰, significantly improves abdominal pain and bloating in patients with IBS² and increases the immune response to viral challenge.³

Safety

- An independent panel of scientists awarded GanedenBC³⁰ self-affirmed GRAS (Generally Recognized As Safe) status after an extensive evaluation of research studies and toxicology data.¹
- *Bacillus coagulans* has been added by the European Food Safety Authority (EFSA) to their Qualified Presumption of Safety (QPS) list.⁴

¹ www.ganedenlabs.com, accessed on 5.12.009

² Larysa Hun, MD, FAAP, *Bacillus coagulans* Significantly Improved Abdominal Pain and Bloating in Patients with IBS; Postgraduate Medicine, Vol. 121, Issue 2, March 2009

³ Mira Baron, MD, A Patented Strain of *Bacillus coagulans* Increased Immune Response to Viral Challenge; Postgraduate Medicine, Vol. 121, Issue 2, March 2009

⁴ The maintenance of the list of QPS microorganisms intentionally added to food or feed - Scientific Opinion of the Panel on Biological Hazards; Question number: EFSA-Q-2008-006; Adopted: 10 December 2008